



**Professor Adrian Wilson, MBBS BSc FRCS TR & Orth  
Consultant Specialist Knee Surgeon  
Visiting Professor Manchester Metropolitan University**

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Mr Marek Zelinski

Consultation: 19 July 2022  
Location: Opus Diagnostic  
Typed: 20 July 2022  
Ref: AJW/AH/Pt ID: 55641

TO WHOM IT MAY CONCERN

**Re: Mr Marek Zelinski**

I am a specialist knee surgeon and have a particular interest in orthobiologics and we have been using PRP for 15 years.

I set up The Regenerative Clinic five years ago and we have treated over 3000 patients with orthobiologics with great success as represented by our database.

We are an evidence-based practice and we are happy to use PRP because of the excellent data stretching back over two decades to support its use.

Dr. Zelinski works at the Opus Clinic where I also work in Ascot.

He has a particular interest in orthobiologics, which dates back for over a decade.

He has had a very successful practice and to my knowledge has had no other outstanding medicolegal issues.

I understand there has been a question as to the validity of the use of orthobiologics, particularly PRP in the management of ACJ injuries, and as per my colleague Mr. Ali Noorani, I would fully support the use of orthobiologics in these cases.

Dr. Zelinski is very knowledgeable in this field, is a member of a number of societies interested in orthobiologics and he himself is therefore an extremely experienced practitioner in this field.

In the UK, there is a general feeling of negativity towards new treatments such as orthobiologics which in fact in terms of PRP have been around for over two decades.

There are multiple level studies to support the use of orthobiologics and in fact a recent consensus group formed as part of the ESSKA society, which is the largest European society for sports medicine, has come out very favourably for the use of orthobiologics such as PRP.

Yours sincerely,

**Professor Adrian Wilson, MBBS BSc (Hons) FRCS Tr & Orth  
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ORTHOPAEDIC SPECIALISTS